

VALLEY WOMEN'S CLINIC
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Post Circumcision Care Instructions

Things You Will Need:

Baby Thermometer
Vaseline (petroleum jelly)
Antibacterial Ointments (A&D Ointment)

Guidelines and Tips to Follow

No tub baths for baby for at least one week or until foreskin heals and the umbilical cord stump falls off.

Gently clean the area with clear clean water. Avoid soap, lotion, powder and baby wipes until the penis has healed. **BE GENTLE**, this may be painful for your baby.

Apply Vaseline or an (A & D) antibacterial ointment to the penis during the first three to four days after the circumcision. **BE GENTLE**, this may be painful for your baby.

You can also apply a quarter size drop of Vaseline or A&D ointment directly to the diaper, adjacent to the penis, when changing the baby.

The skin of the penis should stay back from the incision. If it slips up and adheres to the glans (the soft ridge) **GENTLY** push back the foreskin to prevent the formations of adhesions. **BE GENTLE**, this may be painful for your baby.

If bleeding occurs, mild pressure on the bleeding point for 10 to 15 minutes will usually stop the bleeding. If there is significant bleeding under the skin, this will cause swelling. If this happens, call our office or your pediatrician immediately.

Your baby should urinate within six hours after the circumcision

If you notice any of these signs or symptoms, call our office or your child's doctor right away. With quick intervention, almost all circumcision-related problems are easily treated.

- Your baby's penis has increased bleeding or drainage
- Your baby does not urinate normally within 6 to 8 hours after the circumcision
- If the head of the penis is blue or black
- Your baby has a temperature above 100 degrees F
- Your baby is acting sick
- There is an unpleasant smell or any yellowish or green discharge from the penis
- There is any swelling or redness around the tip of the penis that gets worse after 3 days